

♩ = 120

The Roll Chart

7 stroke roll / 4 counts (RH or LH Lead or Alternated)

or: L R L R L R L

or: R L R L R L R

up

5 stroke roll / 3 counts (Alternated)

R R L L R

L L R R L

up

9 stroke roll / 5 counts (Alternated)

R R L L R R L L R

L L R R L L R R L

up

11 stroke roll / 6 counts (RH or LH Lead or Alternated)

L L R R L L R R L L R L L R R L L R R L L R

or: R R L L R R L L R R L R R L L R R L L R R L

or: L L R R L L R R L L R R R L L R R L L R R L

up ↑ up ↑

13 stroke roll / 7 counts (Alternated)

R R L L R R L L R R L L R L L R R L L R R L L R

up ↑ up ↑

15 stroke roll / 8 counts (RH or LH Lead or Alternated)

L L R R L L R R L L R R L L R L L R R L L R R L L R R L L R

or: R R L L R R L L R R L L R R R L L R R L L R R L L R

or: L L R R L L R R L L R R R L L R R L L R R L L R

up ↑ up ↑

17 stroke roll / 9 counts (Alternated)

R R L L R R L L R R L L R L L R R L L R R L L R

up ↑ up ↑

6 stroke roll / 4 counts (RH or LH Lead or Alternated)

R R L L R L R R L L R L

or: L L R R L R L L R R L R

or: R R L L R L L L R R L R

up up up up

8 stroke roll / 5 counts (alternated)

R R L L R R L R L L R R L L R L

or: L L R R L R L R L L R R L R

or: R R L L R R L R L L R R L R

up up up up

10 stroke roll / 6 counts (RH or LH Lead or Alternated)

R R L L R R L L R L R R L L R R L L R L

or: L L R R L R L R L R L L R R L R L R

or: R R L L R R L R L R L L R R L R L R

up up up up

The Flam

Single Handed

Alternated

The Flam section consists of two musical phrases. The first phrase, labeled 'Single Handed', shows two measures of a flam pattern on a single staff. In the first measure, the left hand (L) plays a quarter note followed by the right hand (R) playing an eighth note. In the second measure, the right hand (R) plays a quarter note followed by the left hand (L) playing an eighth note. The second phrase, labeled 'Alternated', shows two measures of an alternated flam pattern. In the first measure, the left hand (L) plays a quarter note followed by the right hand (R) playing an eighth note. In the second measure, the right hand (R) plays a quarter note followed by the left hand (L) playing an eighth note. Arrows indicate the direction of the strokes, and 'up' arrows indicate the starting point of the strokes.

L R
OR: R L

L R
R L

up L R

up R L

Feint & Flam

The Feint & Flam section consists of two musical phrases. The first phrase shows two measures of a feint flam pattern. In the first measure, the right hand (R) plays a quarter note followed by the left hand (L) playing an eighth note. In the second measure, the left hand (L) plays a quarter note followed by the right hand (R) playing an eighth note. The second phrase shows two measures of a flam feint pattern. In the first measure, the left hand (L) plays a quarter note followed by the right hand (R) playing an eighth note. In the second measure, the right hand (R) plays a quarter note followed by the left hand (L) playing an eighth note. Arrows indicate the direction of the strokes, and 'up' arrows indicate the starting point of the strokes.

R L R L

up R

up L

R L

Flam & Feint

The Flam & Feint section consists of two musical phrases. The first phrase shows two measures of a flam feint pattern. In the first measure, the left hand (L) plays a quarter note followed by the right hand (R) playing an eighth note. In the second measure, the right hand (R) plays a quarter note followed by the left hand (L) playing an eighth note. The second phrase shows two measures of a feint flam pattern. In the first measure, the right hand (R) plays a quarter note followed by the left hand (L) playing an eighth note. In the second measure, the left hand (L) plays a quarter note followed by the right hand (R) playing an eighth note. Arrows indicate the direction of the strokes, and 'up' arrows indicate the starting point of the strokes.

L R L R

up L

up R

R L

Flam & Stroke

The Flam & Stroke section consists of two musical phrases. The first phrase shows two measures of a flam stroke pattern. In the first measure, the left hand (L) plays a quarter note followed by the right hand (R) playing an eighth note. In the second measure, the right hand (R) plays a quarter note followed by the left hand (L) playing an eighth note. The second phrase shows two measures of a stroke flam pattern. In the first measure, the left hand (L) plays a quarter note followed by the right hand (R) playing an eighth note. In the second measure, the right hand (R) plays a quarter note followed by the left hand (L) playing an eighth note. Arrows indicate the direction of the strokes, and 'up' arrows indicate the starting point of the strokes.

L R L R

up L

up R

R L

Ta -Tlum

The Ta -Tlum section consists of two musical phrases. The first phrase shows two measures of a Ta -Tlum pattern. In the first measure, the left hand (L) plays a quarter note followed by the right hand (R) playing an eighth note. In the second measure, the right hand (R) plays a quarter note followed by the left hand (L) playing an eighth note. The second phrase shows two measures of a Tlum Ta pattern. In the first measure, the left hand (L) plays a quarter note followed by the right hand (R) playing an eighth note. In the second measure, the right hand (R) plays a quarter note followed by the left hand (L) playing an eighth note. Arrows indicate the direction of the strokes, and 'up' arrows indicate the starting point of the strokes.

L R
OR: R L
OR: L R

L L R
R R L
R RL

L R
R L
L

Accented Single Strokes

The exercises are as follows:

- Exercise 1:** Staff with notes (quarter, eighth, eighth, quarter, quarter, eighth, eighth, quarter). Strokes: R L R L R L R L. OR: L R L R L R L R. Accents on the first and third notes of the first and second measures. 'up' arrows point to the first 'L' of the first and second 'OR' sequences.
- Exercise 2:** Staff with notes (quarter, eighth, eighth, quarter, quarter, eighth, eighth, quarter). Strokes: R L R L R L R L. OR: L R L R L R L R. Accents on the first and third notes of the first and second measures. 'up' arrows point to the first 'L' of the first and second 'OR' sequences.
- Exercise 3:** Staff with notes (quarter, eighth, eighth, quarter, quarter, eighth, eighth, quarter). Strokes: R L R L R L R L. OR: L R L R L R L R. Accents on the first and third notes of the first and second measures. 'up' arrows point to the first 'L' of the first and second 'OR' sequences.
- Exercise 4:** Staff with notes (quarter, eighth, eighth, quarter, quarter, eighth, eighth, quarter). Strokes: R L R L R L R L. OR: L R L R L R L R. Accents on the first and third notes of the first and second measures. 'up' arrows point to the first 'L' of the first and second 'OR' sequences.
- Exercise 5:** Staff with notes (quarter, eighth, eighth, quarter, quarter, eighth, eighth, quarter). Strokes: R L R L R L R L. OR: L R L R L R L R. Accents on the first and third notes of the first and second measures. 'up' arrows point to the first 'L' of the first and second 'OR' sequences.
- Exercise 6:** Staff with notes (quarter, eighth, eighth, quarter, quarter, eighth, eighth, quarter). Strokes: R L R L R L R L. OR: L R L R L R L R. Accents on the first and third notes of the first and second measures. 'up' arrows point to the first 'L' of the first and second 'OR' sequences.
- Exercise 7:** Staff with notes (quarter, eighth, eighth, quarter, quarter, eighth, eighth, quarter). Strokes: R L R L R L R L. OR: L R L R L R L R. Accents on the first and third notes of the first and second measures. 'up' arrows point to the first 'L' of the first and second 'OR' sequences.